

YOUTH HEALTH CONTACTS

Counselling and Relationships (including Family/Teenager) & Crisis Telephone Support

- **Australian Vietnamese Women's Association**
Youth & family counselling service - Footscray **9396 1922**
Richmond **9428 9078**
- **Centacare Catholic Family Services** **9689 3888**
- **Good Shepherd Youth & Family Services**
Family liaison, teenage parents & parenting support, Vietnamese parenting & general youth support. **9364 3200**
- **Griefline** 12 noon - 3am **9596 7799**
- **KIDS Helpline** 24hr **1800 551 800**
- **Lifeline** 24 hrs **131 114**
- **MacKillop** Family counseling involving children **9689 4799**
- **Melbourne City Mission** Mediation and reconnecting families, youth & family reconciliation service. **9687 4997**
- **Melbourne Counseling Services** **9653 3250**
- **Open Family** Outreach, crisis support. **9689 5588**
- **Parentline** **132 289**
8am - 12pm weekdays, weekends 10am-10pm
- **ParentsLink** (McKillop) Regional Parenting Service produces *Time Out* a guide of programs, activities & training for teenagers & parents. Call for a copy. **9372 1643**
- **Relationships Australia** – Sunshine **9364 9033**
- **Stepfamilies Association of Victoria** **9481 1500**
- **Suicide Helpline** 24 hrs **1300 651 251**
- **Uniting Care Sunshine Mission** **9311 1161**
- **Western Region Health Centre** **9689 4888**
- **YMCA - Brimbank** **9364 1800**

Dental

- **Dental Hospital** **9341 0222**
Emergencies & AH – very busy line **9341 0345**
- **ISIS -St Albans-** ring early morning (as lines are very busy) for emergencies **9296 1360**
- **Western Region Community Health Centre**
15 yrs+ for health care cardholders. For emergency appointments phone at 9.00am on the day. No waiting list but book in. **8398 4150**

Domestic Violence/Abuse

- **Child Abuse & Protection Crisis Line** **9275 7000**
or **131 278**
- **Sexual Assault Helpline** 24hrs **9344 2210**
- **WESTCASA** **9687 8637**
9687 5811
- **Women's Health West** **9689 9588**
- **Women's Domestic Violence Crisis Service** (24 hrs) **1800 015 188**

Drug and Alcohol (refer to WMDGP Drug & Alcohol Contact Sheet)

- **Direct Line (now known as HealthLink)**
Patient Access, counseling and referral specialist for GP enquiries. **1800 888 236**
- **DACAS** - Drug & Alcohol Clinical Advisory Service for health professionals **1800 812 804**
- **DAS West Youth**
Mod Squad Mobile overdose response team for incoherent or heavily substance affected persons. Ask for the team leader - for Maribyrnong Council area only. Use this program to fast tracks your patients into other DAS programs **8345 7043**
SUMITT Substance Use & Mental Illness Treatment Team secondary consultation in both mental, drug & alcohol services. **8345 7021**
- **Drug Information Clearing House** – 24 hrs **1300 858 584**
- **Family Drug Support** 24hrs **1300 660 068**
- **Healthworks** Primary health care for IV drug users. **9362 1000**
- **Royal Women's Hospital** **9344 3631**
Women's Alcohol and Drug Service (WADS)
- **Women's & Children's Residential & Outpatients Withdrawal Service** **93113099**
- **Voyage** Alcohol & Drug counseling intake worker includes Melton for 16+ and their families **9296 1228**
- **WRAP** Western Region Aids & Hepatitis Prevention Needle & Syringe Program **9362 8100**
- **Youth Outreach Team & Drink Driving Program**
Provides community based withdrawal, youth residential and detox services. **9689 5533**
- **Youth Residential Unit** **8345 6649**
- **Youth Substance Abuse Service Line**
Outreach and inpatients service 24hrs **1800 014 446**
- **Eating Disorders**
- **Eating Disorders Helpline** 9.30pm - 5pm **9885 0318**
- **Orygen** Triage staff 9.30pm - 5pm **9483 4556**
For Pager Number for return call
- **Sunshine Hospital** **8345 1333**
Adolescent Health Clinic - Alternate Tuesday mornings and afternoons. Eating disorder specialist available. **8345 1616**
- **Gambling**
- **Gambling Counseling** - Information & referral service 24hrs **1800 156 789**
- **Gamblers Help West** – Intake for individual, couple & family counseling. **9360 5407**
- **Health Issues**
- **Hepatitis C Helpline** (Also weekends) **9349 1111**
- **Hepatitis C Line** – Vietnamese **1800 456 007**
- **Poisons** 24hrs **131 126**
- **Quitline** **131 848**

Health Centres

■ Djerriwarrh Melton Health Services

Backdoor Youth Clinic - Melton -Thursday 4.00pm- 7.30pm
8746 1100

■ **Frontyard** – Young People’s Health Service
(focus on homeless youth). Drop in: 12pm-5pm. Mon-Fri. 9611 2409
9345 7921

■ **Healthworks** – Footscray - Primary health care for
IV drug users. 9362 8100

■ **ISIS GP Clinic, Allied Health and Outreach Clinics,**
St Albans Youth Clinic - Tuesday 3.30pm – 7.00pm 9296 1200

■ **Western Region Health Centre**
Braybrook/Maidstone 9334 6699
Footscray 8398 4100

Hospitals

■ **Royal Women’s Hospital Outpatients** – Triage,
Adolescent Gynaecology Clinic, Young Mothers Clinic & Pregnancy
Advisory Clinic 9344 2482

Appointments 9344 4200

■ **Sunshine Hospital** 8345 1333

Adolescent Health Clinic Tuesday alternative mornings and
afternoons. Adolescent Gynaecology and eating disorders
8345 1616

Young Women’s Clinic – Red Team 8345 1727

Young Mothers Maternity Outreach Support Service, Well Women’s Clinic,
childbirth education classes, midwifery & obstetrics for under 20 years
old.

■ **Western Hospital**

Medical Emergency- Sunshine Hospital (GP only) 8345 1596

Western Hospital 9345 6393

Health Information – Sunshine Hospital 9345 1642

Indigenous

■ **Western Suburbs ‘Gathering Place’** 93187855

Medications

■ **Uniting Care Mission** – Sunshine – Assistance to purchase
medications for homeless persons 9311 1161

Mental Health

■ **Djerriwarrh Mental Health Services – Melton**
Duty system 9am - 12pm Tues – Fri. Ring for appointment
9747 0700

■ **ISIS St Albans** 9296 1200

■ **Mental Health Program** Clinic answering service for 14 - 30
yr olds at risk of psychotic illness. Leave message for return call.
9483 4556

■ **Mercy Grief Counseling** daily 9364 9838

■ **ORYGEN** (formerly MHSKY) 24hrs 7days 1800 888 320

Leave message for return call 9483 4556

All other enquiries to reception 9am - 5pm 9342 2800

■ **Psychiatrists & Psychologists** listing available from
WMDGP 9689 4566

■ **Royal Children’s Hospital Mental Health Service**
for under 15 year olds 1800 445 511

■ **Western Region Health Centre**
Footscray 8398 4100

Migrant / Refugees

■ **Australian Vietnamese Women’s Welfare
Association**

Footscray 9396 1922/1923

Richmond 9428 9078

■ **Centacare Catholic Family Services** 9689 3888

■ **Immigrant Health** GP referrals. Complex & psychological
needs. 0413 855 878

■ **Migrant Resource Centre**

North West - St Albans, Brimbank & Melton 9367 6044

■ **Red Cross** Asylum Seekers Assistance Scheme 8327 7700

■ **Telephone Interpreter Service** 13 14 50

■ **Vic. Foundation for Survivors of Torture**
Foundation House. Counseling, alternate therapy &
psychology services 9388 0022

■ **Women’s Health West** 9689 9588

Pregnancy and Parenting for Youth

■ **Anglicare Young Mums Group** – Yarraville 9687 5200

■ **Caroline Chisholm** Emergency relief 9370 3933

■ **Crisis Pregnancy Counselling** 24 hrs 1300 737 732

■ **Council of Single Mothers & Their Children**
Mon - Thurs 9.30am - 3pm 9654 0622

■ **Family Planning Vic** - Action Centre 9654 4766

■ **Royal Women’s Hospital Advisory Service**

9am - 4.30pm 9344 2000

■ **Royal Women’s Hospital** Young Mothers Clinic & Pregnancy
Advisory Clinic 9344 2189

■ **Sunshine Hospital**

Young Women’s Clinic – Red Team 8345 1727

Young Mothers Maternity Outreach Support Service, Well Women’s Clinic,
childbirth education classes

■ **YAPP Melbourne City Mission** Young & Pregnant Parenting
Program and housing assistance for young women. 9687 4997

Sexual Health / Sexuality

■ **Gay & Lesbian Switchboard** 6-10pm & 2-10pm
7 days per week 9827 8544

■ **Melbourne Sexual Health Centre** 9347 0244

■ **Western Health** Menstrual difficulties 8345 1727/1728

■ **Westcasa** 9687 5811

9687 8637

■ **Women’s Health West** Midwife, Sexual & Reproductive Health
& Health Information Line 9689 5585

Youth Activities / Programs

■ **Councils**
Brimbank - YMCA 9364 1800

Maribyrnong - Youth Services 9688 0342

Melton – Youth Services 9747 7200

■ **Good Shepherd**
Generation Q – same sex attracted youth and youth group
9364 3200

■ **St Albans** - Community Youth Club 9366 4302

■ **Sunshine Police Youth & Citizens Club**
Gymnasium & youth community liaison officer 0438 577 234

Youth Nurses

■ **RDNS** Homeless persons program 8327 0100

■ **Secondary School Nurses Health Promotion
Coordinator** 9275 7258

Youth Workers

■ **Braybrook/Footscray** 9364 9815

■ **Good Shepherd** - St Albans 9364 3200

■ **ISIS**

Watergardens – Wednesdays and Thursdays 9449 6946

Maribyrnong 9688 0342

Melton 9747 7200

■ **Open Family** – street workers 9699 5588

■ **YMCA** 9364 1800